**Region II**

They saw him fall. Perry Davis and his wife DeeDee were shopping at Hobby Lobby in Morristown on September 11, 2015 around 7:45 PM when they saw Lowell Trent fall in the front of the store. They went to help him, but Perry later said that, in his estimation, the 78 year old Lowell was, “Dead . . . there was no heartbeat, no nothing.”

DeeDee, as fate would have it, is a nurse. But, they weren’t the only ones to witness the arrest. Ashley Taylor, an off-duty Morristown Rescue Squad emergency responder and Liz Pilar, a nursing student, also saw what had happened. They rushed to the aisle that Lowell was lying in, began two-person CPR and activated 911.

Greg Haney and David Peoples with Hamblen County 911 dispatched Morristown Fire Department Engine 3 and Morristown Hamblen EMS. First on the scene was Lieutenant David Large, Firefighter/AEMT John Heatherly and Firefighter Jason Frazier. By the time they arrived four cycles of CPR had been completed. The Morristown Fire Department crew immediately assessed Mr. Trent and found no pulse and agonal respirations. They begin bag-valve-mask ventilations and resume CPR. An AED is attached to analyze the rhythm and it advises them to deliver a shock.

 After the initial defibrillation, a pulse check reveals that Mr. Trent still doesn’t have one. CPR resumes for two minutes and the AED re-analyzes the rhythm; it advises that another defibrillation is not needed, but a pulse is still not palpable. They continue CPR for another 2 minute cycle and stop for a pulse check: miraculously, Mr. Trent now has a strong radial pulse. He also begins to breath spontaneously, although the emergency providers continue to support his breathing with the bag-valve-mask as needed.

At that very moment, Morristown Hamblen EMS Medic One crew of Lieutenant/Critical Care Paramedic Jason Fox and Captain/Critical Care Paramedic Joe Cate arrive on the scene. Fox assumes the lead and finds that Mr. Trent will no longer tolerate the bag-valve mask, and changes him to a non-rebreather at 15 liters/minute.

He is awake, but very disoriented to his surroundings. He is placed on monitors which display a heat rate of 126, blood pressure 184/106 and an oxygen saturation of 92%. The crew moves Mr. Trent to a stretcher and secure him for transport. While Captain Cate establishes an intravenous line, Lieutenant Fox records a twelve-lead ECG, which reveals an inferior myocardial infarction. Mr. Trent is given 324 mg of aspirin.

The twelve-lead was quickly transmitted to Morristown-Hamblen Hospital Emergency Department to activate the cath lab team. Per their protocol, 0.4 mg of sublingual nitroglycerin is administered.

While en route to the ED, a second INT line is placed to facilitate the cath team’s interventions. Mr.Trent is complaining of 6/10 substernal chest pain now, and 1 inch of nitro-paste is applied to his left chest wall to help alleviate that.

Once in the ED, Mr. Trent was quickly evaluated by the emergency department physician and the Morristown-Hamblen EMS crew transported him on to the cardiac catheterization lab where his care was transferred to the cath team.

One month later the local newspaper ran an article about Mr. Trent and his rescue. In that article the newspaper reports, “Despite television shows that frequently depict full recoveries by people whose hearts stop beating, it’s an extremely rare occurrence, according to Danny Housewright, director of the Morristown Hamblen Emergency Medical Service. Statistics show that patients who go into cardiac arrest have about a 5% chance of living and carrying on with a productive life.”

Perry Davis…. remember him and his wife DeeDee…. the couple who saw it from the beginning? The newspaper records that Perry says, “It was pretty awesome. We were just doing what anybody else would have done. I think that it’s pretty obvious the Lord wanted him to live. We were all there together.”

Mr. Trent's successful outcome was due to the quick recognition and actions of people willing to help their fellow man . . . first responders trained in CPR . . . and the prompt activation of 911 and dispatch of rescue and EMS services . . . and the seamless coordination of care among first responders and multiple EMS services. Within the American Heart Association’s Chain of Survival, the system worked, link-by-link, to ensure that Mr. Lowell Trent is able to be with his family and with us today. It is for these reasons that Morristown Hamblen Ems,

Morristown Fire Department, Hamblen County 911 & Morristown Emergency and Rescue Squad receive the 2016 Star of Life Award for Region 2.

Director Tidwell will now present to Lowell his “Certificate of Life” that reads: “It is hereby certified and solemnly attested that Lowell Trent survived a life-threatening event on September 11, 2015. This certificate commemorates the first day of the rest of your life.”